



Our time ... our say
CTC Survey 08/09

James Lawrence, CTC Development Officer
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Agenda



- Background to the survey
- A view of young people's health

Background



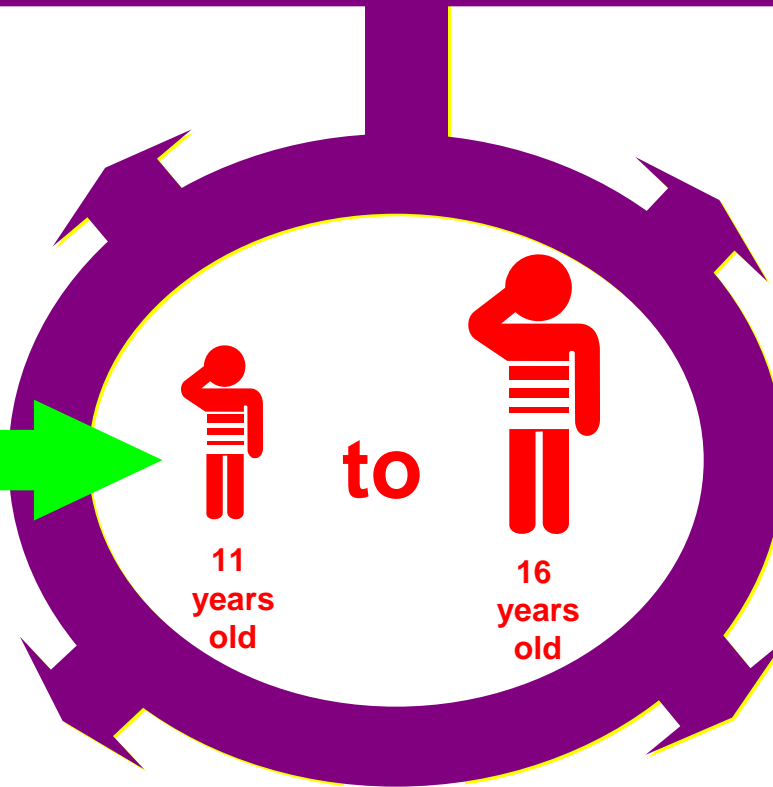
- Preventative approach
- US Early intervention
- Every Child Matters
- 2nd citywide survey
 - Oct 2004 with 10,000 responses
 - Oct 2008 with 14,000 responses
- Coventry 11 -16 year olds
- All mainstream secondary schools & private schools, and 5 out of 7 Special Schools/PRU's

What does CTC ask?

Experiences & Attitudes

Risks & Protective factors

EARLY INTERVENTION



Be Healthy snapshot





Cigarettes & Alcohol

“Smoking has fallen dramatically since 2004”

“Binge drinking has fallen slightly since 2004”



Cigarettes

'3% (420) regular smokers'

minus
12 points
(37% in 2004)

Cigarettes
1 in 4 (25%)

3500
YP

First smoked by age of 13
- 12 points (27% 2004 15% 2008)

2100
YP

Alcohol

minus
5 points
(68% 2004)



Ever tried

ALCOHOL
3 in 5 (63%)

8820
YP

Binge drinking
- 6 points (24% 2004 18% 2008)

2520
YP

Alcohol



Kasbah main room 1000 capacity

2¹/₂ X

The capacity of the
main room at
The Kasbah nightclub

Binge drinking
- 6 points (24% 2004 18% 2008)

2520
YP

Substances – ever tried



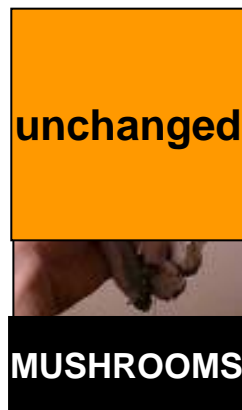
1 in 10 (9%)



1 in 16 (6%)



1 in 50 (2%)



1 in 50 (2%)



1 in 100 (1%)



1 in 250 (0.4%)

Teenage Pregnancy



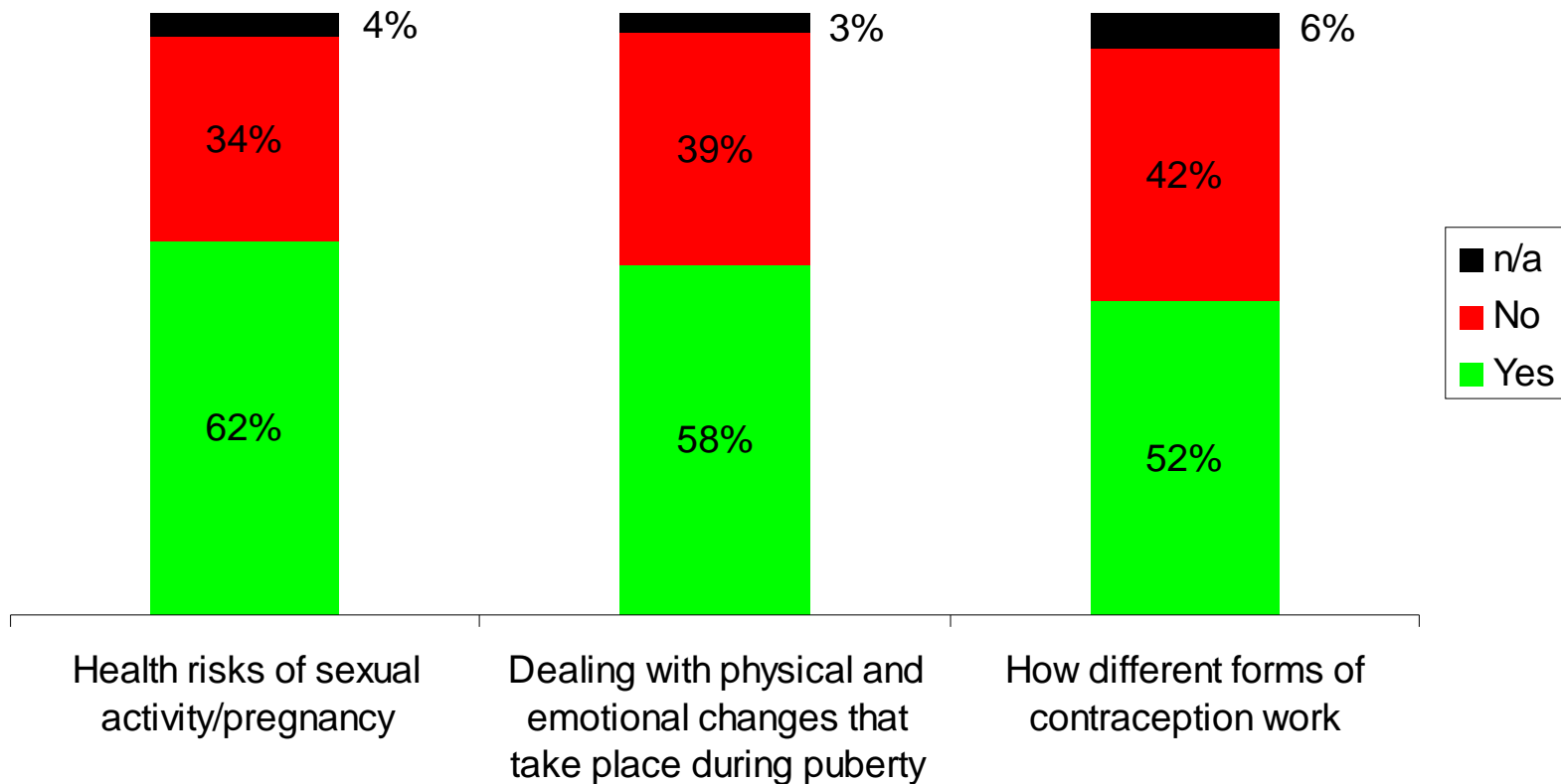
In 2007, in Coventry
59.5 conceptions per
1000 females aged 15-17
England **41.7**
West Midlands **47.4**



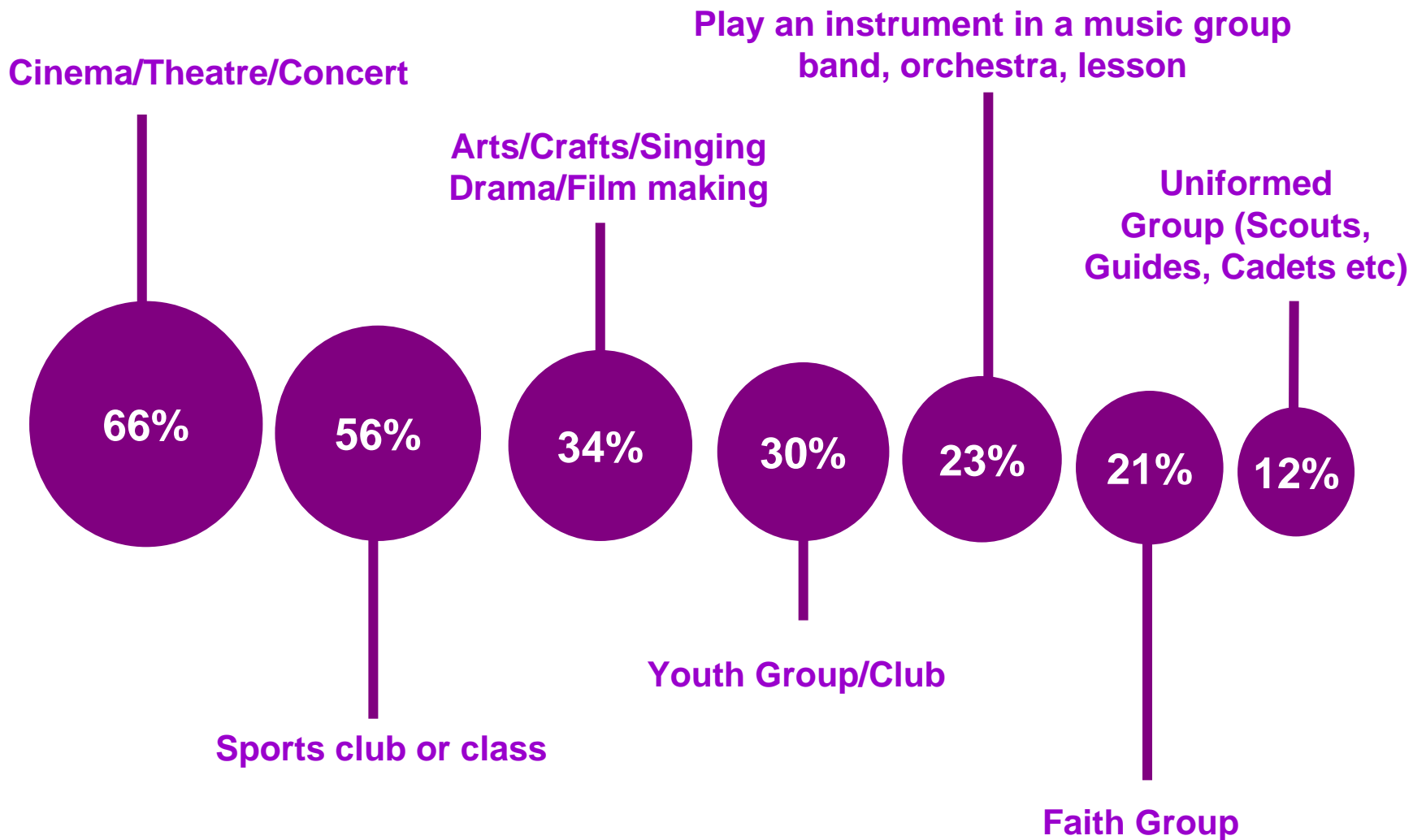
Teenage Pregnancy



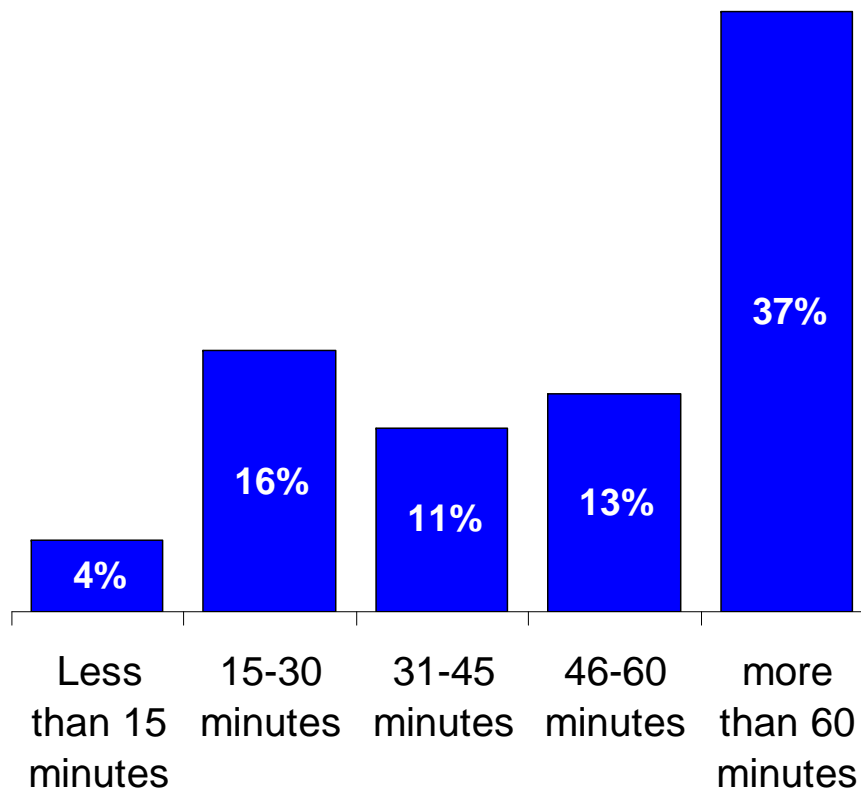
“My lessons at school teach me what I need to know about...”



Activities in last 4 weeks



Exercise per day



18% not sure or not replied

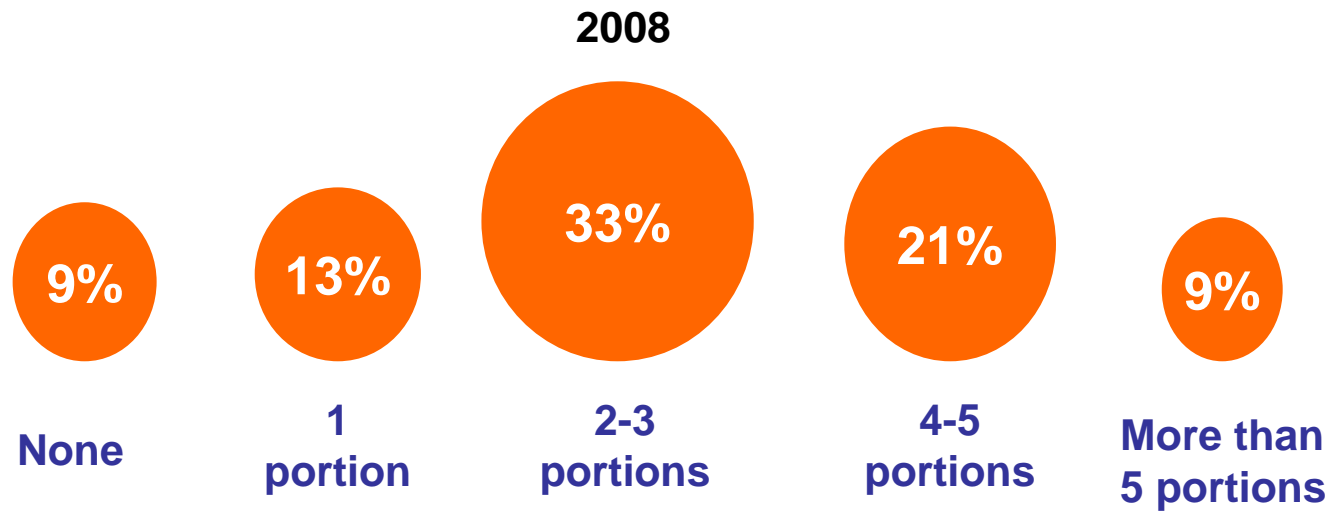
Who is more likely to exercise over 30 mins a day?

Boys (Boys 65% Girls 59%)

Older young people (7-8 26%, 9-11 37%)



Fruit and veg (portions per day)



Who is more likely to eat 5 or more portions?

Equal (9% girls 9% boys)

Younger young people (10% 7-8, 8% 9-11)



Conclusions

Positive messages about:

Overall fall in use of alcohol & smoking
Only 3% regular smokers
High percentage of young people doing sport

Challenging messages about:

Binge drinking
Use of solvents
Only a third eating 4 or more portions of fruit and veg a day

Any questions

