

# HEALTH AND WELLBEING GROUP

## Minutes of Meeting held on 8<sup>th</sup> January 2009

<b>Present:</b>	Cllr Heather Johnson (Chair)	Coventry City Council
	Dr Caron Grainger	Coventry PCT
	Eric Shakespeare	Community Empowerment Network
	Cllr Joseph Clifford	Coventry City Council
	Vince Mayne	Coventry University
	Harneek Kandola	Coventry City Council (Items 1-4)
<b>In Attendance:</b>	Heather Thornton	Coventry PCT
	Dawn Ford	Coventry Partnership
	Sarah Perry	Coventry Partnership
	Marsha Towey	Coventry City Council
	Chaman Verma	Coventry PCT (Item No. 4)
<b>Apologies:</b>	Jean Arrowsmith	Coventry City Council
	Janet Baker	Government Office
	Andy Bennett	Coventry PCT
	John Bodie	Coventry City Council
	Barry Eveleigh	Coventry City Council

### 1. Minutes of previous meeting

The minutes of the meeting held on the 12 November 2008 were approved as a correct record subject to the inclusion of Marsha Towey in the attendance list.

### 2. Matters arising from the minutes

In response to a question, Dr Grainger reported that work was being undertaken in relation to Brief Intervention Training for GPs to try and increase uptake.

Dr Grainger reported that in relation to the role of the group a visit had recently been made to Stoke and another visit was planned to Derby City PCT on 10 February. Following that visit, a meeting would be held to discuss the terms of reference which would then be submitted to the following Meeting. Mrs Ford asked if Sarah Perry could also attend the visit.

In response to a question from Mr Shakespeare regarding the concerns of CEN in relation to A&E rates and the appointment system, Dr Grainger agreed to discuss the position outside of the meeting. Dr Grainger requested that if anyone had any concerns regarding the appointment system and the receipt of appointment letters could they write to her outlining the concerns, which could then be used as evidence, as part of the contract negotiations with the hospital.

### Action:

Co-ordinate arrangements for visit to Derby City including Sarah Perry,  
Arrange meeting to discuss terms of reference following the visit.

HT  
HT

### 3. “One Body One Life” and “Coventry Lets Walk”

Ms Towey, Health and Physical Activity Development Manager gave a presentation on the two initiatives including information regarding participation to date. It was noted that 120 walkers had taken part in 14 walks during Quarter 3 and 62 walks involving 344 walkers had taken place to date.

During the discussion it was noted that work needed to be undertaken to link the initiative in with other activity work being undertaken by voluntary sector organisations, e.g. Age Concern, and that the issues raised regarding Stoke Aldermoor need to be fed back to the Community Safety Partnership.

Mr Mayne offered assistance with the proposal to undertake body MOTs of the walkers and suggested that students might be able to help with some of the checks as part of student projects. Dr Grainger reported that peak flow measurements would have the greatest impact. It was noted that tests using the accelerator and in relation to flexibility could also be considered. It was agreed that Vince Mayne and Marsha Towey would discuss this outside of the meeting.

In relation to “One body One Life” it was noted that the completion rate had risen to 67% compared with 32% the previous year, and that 81% had 2 or more physiological improvements.

In response to evaluations tool Mr Mayne offered support in relation to using a measurement tool for self esteem and it was agreed that M Towey and Mr Mayne would pick this up outside of the meeting.

In response to questions, Ms Towey reported that “one body one life” needed to be re-launched with GPs as most of the referrals were self generated and it was suggested that a stand be arranged at a Wednesday lunchtime session with GPs.

#### **Action:**

Feedback issues regarding Stoke Aldermoor with Community Safety Partnership **DF**

Discussion regarding body MOTs **VM & MT**

Caron Grainger to speak with Chris Taggart about lunchtime session stand **CG**

Self Assessment Tool Discussion **VM & MT**

### 4. Single Equality Scheme

Mr Verma, Equality and Diversity Lead, Coventry PCT attended the meeting for this item.

It was noted that the PCT was currently developing a single equality scheme and work would be undertaken with stakeholders to ensure that the scheme was as robust as possible and identified all the gaps in relation to diverse groups. It was noted that the draft scheme would be available by the end of January and a three month consultation period would begin on 1 February. It was agreed to circulate a

copy to the group together with a list of the circulation list for comments to be fed back. Mrs Ford also agreed to put a copy on the Partnership Website.

**Action**

Single Equity Scheme on Partnership website

**DF**

**5. Item for Information**

It was agreed at the next meeting a presentation would be submitted on Breast Feeding and the underspend projects. In addition a report would be submitted on the National Support Teams Visit in relation to teenage pregnancy if there were any issues to highlight.

**6. Item for Discussion**

In response to a question from Mr Mayne regarding a joint marketing plan for health activities which was going to be developed, Mrs Ford agreed to pick up with the Partnerships Communication Manager to ensure that this was going ahead via the Communications Group.

**Action**

Discuss with Partnership's Communications Manager

**DF**

**7. Date and Time of Next Meeting**

Thursday 5 March 2009

Post Meeting Note

**It has been agreed to alter this meeting to 19 March 2009 at 10.00am, venue Room 2-08 Christchurch House**